# Welcome to APOV's Research Clinic and Focus Group Facility 

## MENUS

All meals include dessert and are made fresh by our catering partners who care as much about you as we do.

We will design a menu to fit your tastes and budget.

All meals are served at your pre-determined time either plated or buffet-style, whichever you prefer.

We will customize menus or individual meals to meet special dietary needs or tastes.

Want a juice bar? How about a gourmet coffee bar?
Maybe an ice cream sundae bar for dessert?
We can do it...making your long research days fulfilling (and filling!)

You eat with your eyes first...
our presentation is sure to whet your appetite!

Thanks for letting us serve you.

## Breakfast and Brunch

Made-to-Order Omelet Station<br>With all the fixins. Add side options, fruit, choice of bread.<br>Egg White and Egg Beaters available, too!

Eggs Benedict<br>Traditional, Cali style and Tex-Mex

## Belgium Waffle Bar and French Toast

With all the toppings! Add scrambled eggs and breakfast meat for a complete meal

Migas con Carne
Brisket or Shredded Beef with Toppings and Salsa

## Loaded Breakfast Burritos

Homemade and delicious! Choice of meats and vegetarian

## Machaca and Eggs

Served with beans, rice and flour tortillas

Quiche Soufflé
Lorraine, Spinach Asiago, Bacon Cheddar, Roasted Vegetable

## Continental and American Pastries

Assorted Bagels, Pastries, Fresh Fruit, Yogurt

## Breakfast Side Options Include

Pork and Turkey Sausage Links Bacon (pork and/or Turkey)

Brisket Steaks
Polish Sausage and Jalapeno/Cheddar Polish
Crispy Hash Browns
Mexican Patatas Brava's
Waffle Fries

# Butcher Block Sandwich Bar and Wraps 

Sandwich Bar<br>Hard Salami/Sliced Chicken/Cold Roast and Smoked Turkey<br>Provolone, Sharp Cheddar, Fresh Mozzarella and Gouda<br>Served with:<br>Assorted Breads and condiments, including lettuce, tomato, onion, pickles<br>Add avocado, bacon, sprouts, veggie options<br>Assorted Wraps in Flavored Tortillas<br>Original, Jalapeno-Cheddar, Spinach, Roast Tomato<br>Choice of any above Meats and Cheese<br>Crudité Platter<br>Carrot, Celery, Asparagus, Baby Tomatoes, Rainbow Cauliflower and Cucumber<br>Served with Herb dipping sauce and Vinaigrette<br>Deluxe Cobb Salad<br>Crisp Romaine with Assorted Toppings and Dressings<br>Caesar Salad<br>Choice of Grilled or Blackened Chicken, Thin Brisket or any Cold Meats<br>Black and Blue Cheese Brisket Chopped Salad<br>Fried Crunchy Onions and Cheddar Croutons<br>Assorted Dressings

## Asian Flair

All served with choice of steamed white or brown rice
Teriyaki Chicken, Orange Chicken, Kung Pao Chicken, Broccoli Beef, Fish Fillet Romaine Salad with Ginger Carrot Dressing

Add: Veggie Spring Rolls, Chow Mein, Fried Rice

## American Style Barbecue and Grill

Choose the main dish and add assorted side dishes to compliment the meal

# Seasoned Sliced Brisket <br> $1 / 4$ Pound Char Grilled Burgers with Toppings 

½ Smoked Chicken

Spice Rubbed Pork Shoulder

Marinated Chicken Breast

Assorted Sausages
Polish, Jalapeno Cheddar, Traditional Hot Link

Fresh Turkey Breast

Saint Louis Style Ribs by the Rack

Sides options:
Traditional Cole Slaw
Texas Baked Beans
Jalapeno Beans
Mustard Potato Salad
Creamy Mac and Cheese
Creamed Spinach
Baked Potato Casserole
Black Pepper Bacon Green Beans
Caesar Salad, Green Salad, Chopped Salad with choice of dressings
Want something special? Just ask!

# Mexican and Spanish Meals 

All Entrées come with Mexican Potato Casserole and Jalapeno Beans
Delicious Salsa and Fresh Chips

## Adobo Chicken Salad

Service with Guacamole, Sour Cream, Jalapeno Beans and topped with Tortilla Strips

## Burritos

with choice of Smoked Brisket, Chile Pork Verde, Smoked Spice Chicken individual or build-your-own

Red and Green Chile Tostadas
with choice of Smoked Brisket, Chile Pork Verde, Smoked Spice Chicken served with all the fixin's and Blue or Yellow Tortillas

Pressed Sandwich Cubano Sandwiches
Smoked Pork Shoulder, Thin Slice Sausage, Mustard Mayo, Cheese and Pickle

## Brisket and Chicken Fajitas

Tender and Slow Roasted Brisket and/or Chicken Breast with Pepper and Onions

## Green Chile Tri-Tip Steak

Flame grilled and served with Mexican Potato Casserole and Mexican Caesar Salad

## Smoked Pork Street Tacos

with Chipotle Relish and lightly dusted fried Onions
Served with sides of your choice: Salad, Beans, Mexican Potato Casserole And Chips and Salsa

## American Italiano

## Cheese Ravioli's

Traditional, but awesome, Spaghetti (or mostaccoli or manicotti...) with meat sauce and homemade meatballs.

Fettucini Alfredo (add chicken, shrimp or vegetables)

House-made Beef Lasagna - piled high with deliciousness

Chicken Pancetta Creamed Penne

Lemon Chicken on Rigatoni

Chicken Rigatoni with Mushrooms

Bowtie Bolognese

Italian Sausage and Onions with Penne

White Lasagna with Smoked Chicken

Traditional style Lasagna Bolognese

Shredded Pork Milanese with Parmesan Potatoes

Grilled Beef Brisket Spaghetti

Don't see what you want...just ask!

Add homemade Canoli's....you won't be sorry!

