



**A POINT OF VIEW RESEARCH, INC.**  
**YOUR PARTNER IN RESEARCH SUCCESS**

***EARLY MORNING – BREAKFAST MENUS***

**Continental Breakfast**

Assorted Sweet Rolls  
Assorted Muffins  
Croissants  
Seasonal Fresh Cubed Fruit

**Traditional Hot Morning Breakfast**

Scrambled Egg Casserole  
Bacon or Sausage  
Cheesy Potatoes  
Croissants and Butter Foils

**Breakfast Burrito Bar**

Scrambled Eggs  
Bacon or Sausage  
Flour Tortillas  
Refried Beans  
Home Style Potatoes  
Shredded Cheese and Salsa  
Jalapenos

**Omelet Bar**

(Prepared on Site)  
Eggs  
Bacon, Ham and Sausage Crumbles  
Diced Green and White Onions  
Diced Green Peppers  
Shredded Cheese  
Mushrooms and Olives  
Jalapenos  
Salsa  
Home Style Potatoes

## LUNCH CHOICES

### Deli Platter Lunch

Roast Beef, Ham and Turkey  
Cheddar and Swiss Cheeses  
Assorted Rolls and Croissants  
Relish Tray  
Choice of Salad

### Chili, Beef Stew or Vegetable Soup

Garden Salad with Dressings  
Rolls and Butter

### BBQ Sandwich Lunch

BBQ Beef or Chicken Sandwich (Choose 1)  
BBQ Sauce  
BBQ Baked Beans  
Choice of Salad

### Fajita Lunch

Chicken Fajitas  
Spanish Rice  
Refried Beans  
Choice of Salad  
Flour Tortillas

### Enchilada Lunch

Cheese Enchiladas  
Spanish Rice  
Refried Beans  
Choice of Salad

### Ham Lunch

Brown Sugar Maple Glazed Ham  
Mashed Potatoes and Gravy  
Green Beans Almondine  
Choice of Salad  
Rolls and Butter

### Pasta Lunch

Penne Pasta or Spaghetti Noodles  
Marinara or Alfredo Sauce  
Garden Salad with Choice of Dressing  
Dinner Rolls or Bread Sticks and Butter

### Chicken Parmigianino Lunch

Breaded Chicken Parmigianino  
Penne Pasta with Marinara Sauce  
Garden Salad with Choice of Dressing  
Dinner Rolls or Bread Sticks and Butter

### Lasagna Lunch

Lasagna Bolognese or Primavera  
Sautéed Zucchini  
Garden Salad with Choice of Dressing  
Dinner Rolls or Bread Sticks and Butter

### Chicken Lunch

Citrus or Baked Chicken  
Rice Pilaf  
Vegetable Medley  
Choice of Salad  
Rolls and Butter

### Salad Choices

Tossed Garden Salad with 2 Dressings  
Creamy Red Rose Potato Salad  
Egg Potato Salad  
Tangy Cole Slaw  
Macaroni Salad  
Rainbow Pasta Salad

### Hawaiian Lunch

Teriyaki Chicken or Sweet & Sour Chicken  
Fried Rice  
Mixed Vegetables  
Choice of Salad  
Rolls and Butter

# DINNER FAIRES

## Choice of 1

Citrus Chicken  
Brown Sugar Maple Glazed Ham  
Oven Roasted Turkey with Stuffing  
Chicken Parmigiana with Spaghetti and Meat Sauce  
(No additional side with this Entrée)  
Pot Roast with Gravy  
Baked Ziti, Lasagna Primavera or Lasagna Bolognese

## Choice of 1

Prime Rib with Au Jus and Horseradish Sauce  
Filet Mignon - Grilled on Site only  
New York Steak - Grilled on Site only  
Poached Salmon with Lemon and Honey Sauce  
(Additional Entrees - \$4.00 each)

## Salads - Choose 2

Garden Salad with Choice of 2 Dressings  
Spring Salad with Raspberry Vinaigrette  
Feta and Walnuts  
Caesar Salad with Grated Parmesan and Croutons  
Creamy Red Potato Salad or Egg Potato Salad  
Rainbow Pasta Salad  
Macaroni Salad  
Cole Slaw

## Sides - Choose 1

Garlic Mashed or Whipped Potatoes  
Cheesy Firehouse Potatoes  
Baked Potatoes with Butter, Sour Cream and Chives  
Rice Pilaf with Fresh Mushrooms  
Roasted Red Rose Potatoes with Rosemary

## Choice of 1

Roasted Baron of Beef with Au Jus and Horseradish Sauce  
Rosemary Pork Loin and Apple Sauce  
Chicken Marsala  
Chicken Florentine  
Chicken Cordon Bleu  
Tri Tip Sirloin  
Roasted Pork Loin

## Deli Platter Dinner

Platters of Roast Beef, Ham and Turkey  
Cheddar and Swiss Cheeses  
Assorted Breads, Rolls and Croissants  
Relish Tray  
Mayo, Mustard and Cran Mayo  
Choice of 2 Salads - No additional Sides with this Selection

## Vegetable Side Dishes - Choose 1

Fresh Vegetable Medley with Herbed Butter Sauce  
Honey Glazed Carrots  
  
Green Beans Almondine  
Corn Nibletts with Fresh Dill or Corn Cobettes  
Sautéed Italian Zucchini

## Breads - Choose 1

Assorted Dinner Rolls and Butter Foils  
Mini Croissants and Butter Foils  
Bread Sticks and Butter Foils

## DESSERTS

Fudge Brownies

Carrot Cake

Pineapple Upsidedown Cake

New York Cheesecake Slices

Assorted Cheesecake Slices

### Cobblers

Apple

Peach

Chocolate Cherry

Strawberry

Raspberry

### Assorted Cookies

Chocolate Chip, White Chocolate

Macadamia Nut, Oatmeal,

Peanut Butter, M&M

Assortment may vary

# *Tropical Luau Menu*

## **Choice of 1**

Grilled Beef, Chicken or Pork Skewers  
Grilled Teriyaki Chicken Breast  
Sweet and Sour Pineapple Chicken  
Pork Roast Polynesian Style

## **Includes the following:**

Fried Rice  
Stir Fried Ginger Vegetables - Stir Fried on Site  
Tossed Garden Salad with Honey Mustard and Italian Dressings  
Dinner Rolls and Butter

## **Additional Sides**

Cold Sesame Noodle Salad  
Hawaiian Pineapple Cole Slaw  
Chinese Mandarin Chopped Salad

## *BBQ MENUS*

### **TRADITIONAL WESTERN BBQ**

Grilled On Site or Delivered

**(CHOOSE 1)**

Tri Tip Sirloin  
Bone-In Chicken Breasts or Quarters

Beef Ribs  
Pork Ribs

**INCLUDES:**

BBQ Sauce  
Dinner Rolls and Butter

**YOUR CHOICE OF:**

BBQ Baked Beans, Ranch Beans, Sweet and Sour  
Beans or Piquito Beans

**(CHOOSE 2)**

Tossed Garden Salad with Ranch, Italian or Thousand  
Island Dressings  
Creamy Red Rose Potato Salad  
Tangy Cole Slaw  
Pasta Salad  
Macaroni Salad

### **MEXICAN BBQ**

Grilled on Site or Delivered

**(CHOOSE 1)**

Carne Asada  
Marinated Spicy Chicken

**INCLUDES:**

Pico De Gallo  
Flour or Corn Tortillas

**YOUR CHOICE OF:**

Refried Beans, Spicy Refried Beans, Sweet and Sour  
Beans or Piquito Beans

**(CHOOSE 2)**

Tossed Garden Salad with Ranch, Italian or Thousand  
Island Dressings  
Creamy Red Rose Potato Salad  
Tangy Cole Slaw  
Pasta Salad  
Macaroni Salad

# *Hors d'oeuvres*

## **HOT CHOICES**

Sweet and Sour Meatballs

Italian Meatballs

Italian Sausage Stuffed Mushrooms

Grilled Hot Link Bites

Spicy Hot Wings

Sweet and Sour Wings

BBQ Cocktail Ribs

Assorted Mini Quiche

Mini Potato Skins with Condiments

Corn Dip with Tortilla Chips

BBQ Meatballs

Bleu Cheese Stuffed Mushrooms

Beef or Chicken Marinated Cocktail Skewers

Grilled Italian Sausage Bites

Teriyaki Wings

BBQ Wings

Teriyaki Cocktail Ribs

Spanakopita

Hot Artichoke Dip with Sour Dough Bread

## **COLD CHOICES**

Assorted Mini Palm Sandwiches

Fresh Vegetable Crudité with Ranch Dip

Seasonal Fresh Fruits Cubes with Dip

Cashew Chicken Salad on Mini Croissants

Assorted Imported Cheeses and Crackers

Tortilla Chips and Salsa

Cucumber Canapés

Antipasto Relish Tray

Deviled Eggs

Fresh Garlic and Basil Bruschetta

Assorted Cubed Cheeses and Crackers

Stuffed Cherry Tomatoes

Chips and Dips